

# BALANCE

ADVANCED BIOACTIVE HORMONE SUPPORT†



## WHAT IF HORMONES WORKED FOR YOU INSTEAD OF AGAINST YOU?†

Hormones are chemical messengers made by our bodies that tell our cells, glands and organs what to do and when to do it. As we begin to age however, our body's hormone production begins to dramatically drop causing hormone imbalances that can have a profound effect on an individual's physiological and emotional health.

Balance contains standardized levels of the most scientifically validated natural molecules for supporting the body's ability to cope with this phenomenon. The key ingredient in this formula is Diosgenin, a phytohormone from the wild yam with a natural chemical structure close to human-made estrogens and androgens that can mimic the benefits of these hormones without the risks associated with many hormonal therapies.

- Hormones are the body's chemical messengers that tell our cells, glands and organs what to do and when to do it.
- As we begin to age, hormone production begins to dramatically drop causing hormone imbalances.
- These imbalances can have a profound effect on physiological and emotional well-being in areas including sleep quality, food cravings, libido and mood.



STANDARDIZED  
DIOSGENIN†



HORMONE  
BALANCE SUPPORT†



MOOD BALANCE  
SUPPORT†

## BALANCE BENEFITS

Balance helps the body manage:

- Hormonal imbalance and mood swings†
- Food cravings†
- Low libido†
- Emotional well-being and sleep quality†

# alovéa

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### Supplement Facts

Serving Size 2 Capsules  
Servings per Container 56 (112 capsules)

	Amount Per Serving%	Daily Value*
Proprietary Blend	850 mg	**
Wild Yam Extract (Root: [16%] Diosgenin), L-Lysine (as L-Lysine HCl), Glycine, L-Arginine, Red Sage (Root), Phytosterols (with Beta-Sitosterol).		
Alovéa AE™ (Certified organic <i>Aloe vera</i> inner leaf gel powder)	10 mg	**

\* Percent Daily Value based on a 2,000 calorie diet      \*\* Percent Daily Value not established

**OTHER INGREDIENTS:** Vegetable Capsule, Stabilized Rice Bran.

**WARNING:** If you are pregnant, nursing, taking medications or planning a medical procedure, consult your health care professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

### SUGGESTED USE:

Take 2 capsules twice daily with 8oz of water.

## ADDITIONAL INFORMATION

### DIOSGENIN — A POWERFUL NON-TOXIC HORMONE SOLUTION

Research on standardized Diosgenin (found naturally in wild yam) shows a broad spectrum of health benefits. Studies have shown that Diosgenin can help support the body’s defense functions against†:

- Hormonal Imbalances
- High Blood Pressure
- High Blood Sugar Levels
- Stress
- Ongoing Inflammation
- Adrenal Fatigue
- Thinning Hair
- Osteoporosis
- Unexpected Weight Gain
- Declining Libido

### WHAT ARE PHYTOHORMONES, AND WHY ARE THEY BETTER THAN OTHER HORMONE TYPES?

Traditional hormone replacement drugs are made from the urine of pregnant horses or synthetic, or otherwise altered, sources.

Bioidentical hormones are different in that they are converted from plant estrogens in a pharmaceutical lab or compounding pharmacy, and are chemically identical to those our bodies make. Supporters of bioidentical hormones believe they are safer due to their “natural” sourcing. However, most experts believe that the risks of both are similar: Overriding the body’s normal hormonal production, regardless of the source, has shown to increase the risks of blood clots, stroke, glandular disease, heart disease and cancer.†

Phytohormones do not convert to estrogen in the body; but, because of their close chemical structures, they can provide a broad spectrum of health benefits without assuming the risks of Hormone Replacement Therapies.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Every Alovéa product purchased helps to nourish children in need through our Buy 1, Nourish 7™ giving initiative. For details, visit us online at [alovea.com/hopemovement](http://alovea.com/hopemovement)

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