

# CORE

## ADVANCED GUT HEALTH COMPLEX\*

### “ALL DISEASE BEGINS IN THE GUT.” - HIPPOCRATES

Almost 2,500 years later, science has validated this reality. The human body contains an estimated 100 trillion microorganisms (your microbiome) outnumbering human cells by a wide margin. The largest portion of your microbiome, about 80%, is housed in the large intestine and directly influences the functioning of your digestive, immune, nervous, and endocrine systems. A healthy microbiome consists of up to 1,000 different species of friendly bacteria and maintains a good-to-bad bacteria ratio of approximately 85% to 15% respectively. This diversity and ratio can be dramatically altered by the modern lifestyle influences of poor diet, toxicity, and stress.

These negative influences can cause a downward spiral of reactions starting with the erosion of the cells that line your gut. This erosion begins restricting the absorption of vital nutrients while allowing the leakage of toxins and disease – causing microbes to enter the bloodstream. This leakage is a major cause of chronic inflammation, considered the root cause of practically every chronic disease, and the loss of multiple functions within the immune system. This loss of function allows poor health biomarkers and diseased cells to go undetected, which can result in a wide variety of chronic and infectious conditions.



This is the primary reason why over 60% of all adults and over 50% of all children in the U.S. now suffer from one or more chronic conditions.

So, if all disease begins in the gut, then the restoration and maintenance of optimal gut health should become our number one priority. Alovéa CORE is formulated with the most advanced and complete nutritional blends for achieving those goals.\*

# alovéa

## CORE

ADVANCED GUT HEALTH COMPLEX\*

<b>Supplement Facts</b>		
Serving Size 1 Stick Pack (6.5 g)		
Servings Per Container 28		
	Amount per Serving	%Daily Value (DV)**
Calories	15	
Total Carbohydrate	3 g	1%**
Dietary Fiber	2 g	8%**
Protein	2 g	
Calcium	31 mg	2%
Sodium	44 mg	2%
Glyco Prebiotic Blend	3220 mg	†
Acacia Gum, Xylooligosaccharides, Arabinogalactin, Soluble Oat Fiber (70% beta glucan).		
Premium Blend	2650 mg	†
Bioactive Collagen Peptides (Bovine), Bioactive Colostrum Powder (Bovine Pre-milk).		
Alovéa Core Blend	608 mg	†
Modified Citrus Pectin, Alovéa AE™ (Aloe vera Inner Leaf Gel Extract), Air Dried Beet Powder, New Zealand Pine Bark Extract, Lactoferrin (Bioferrin 2000), Beet Root (9.5% Betalains).		
**Percent Daily Values (DV) are based on a 2,000 calorie diet.		
† Daily Value (DV) not established.		

Contains: Milk

### SUGGESTED USE:

Mix contents of one stick pack each day into any warm or cold drink and blend completely.

Consult with your physician before beginning this or any other health program.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Every Alovéa product purchased helps to nourish children in need through our Buy 1, Nourish 1™ giving initiative. For details, visit us online at [alovea.com/hopemovement](http://alovea.com/hopemovement)

## ADDITIONAL INFORMATION

### ALOVÉA CORE BLEND

What truly distinguishes this gut health product is our proprietary blend of best-in-class ingredients for immune system optimization, oxidative and inflammatory biomarker control, and heavy metal detoxification. These mechanisms of defense and repair are essential for combating the constant assault on our gut health from the negative influences of modern life.\*

### GLYCO PREBIOTIC BLEND

Three grams of glyconutrient-based prebiotic fibers has been shown to produce the same positive impact on laxation, triglycerides, cholesterol, and blood sugar levels as 10 – 30 grams of other soluble fibers, e.g., inulin. Glyconutrient-based fiber has been shown to produce up to 7 times the amount of friendly bacteria required for maintaining both a healthy balance and ratio of gut bacteria.\*

The fermentation of glyconutrient-based fiber has been shown to also produce higher levels of short-chain fatty acids than other fibers and has the added benefit of providing the body with the glyconutrient (and other precursor) monosaccharides, required by every cell in the body to facilitate proper cell-to-cell communication.\*

### PREMIUM BLEND

#### Bioactive Collagen Peptides

Bioactive Collagen Peptides have long been known to aid the body in the production of healthy skin, nails, hair, and joint tissues. In addition, and most importantly, they have been shown to help restore and maintain healthy junctions between the cells that line the gut. This is necessary for nutrient transport and the restriction of healthy microbes into the bloodstream.\*

#### Bioactive Colostrum

Our Bioactive Bovine Colostrum comes from grass-fed cows. This clean, bioactive colostrum is nutritionally rich in proteins, vitamins, minerals, enzymes, and immune-supporting immunoglobulins. This superfood product has been shown to improve gut health by strengthening the intestinal barrier and its immune supporting ability.\*